



Troy Warriors

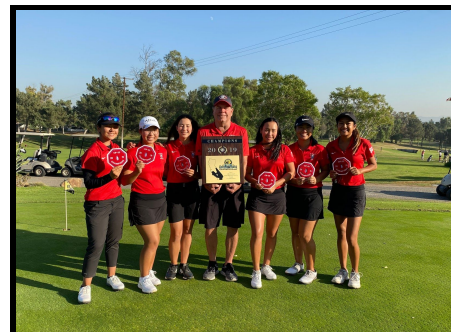
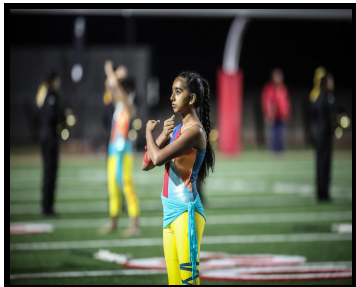
Athletics Newsletter

November 6, 2019



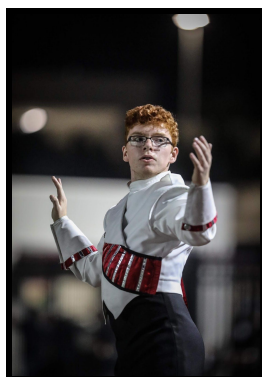
Warrior Girls Golf Wins It Again!

For the 5th time in 7 years the Lady Warriors Golf Team took home the CIF Title. The team, made up of Isabel Sy, Kamille Dimayuga, Sherilyn Villanueva, Gabriella Cano, Hannah Ulibarri and Amy Kim, shot a team score of 365 at Jurupa Hills Golf Club. Next up, the Southern California Regional Finals on Thursday at Western Hills Golf Club.



I See Band People...

A special thanks to the Troy High School Marching Band and Color Guard for the support of Troy High School athletics. Not only do they show up to every football game, they are also an integral part of the many pep rallies we have during the season. A special thanks to Joseph Castillo who pours in many hours of his day to help in the musical development of our students.



Thank You Cheer!

Every home and away football game and each pep rally the Troy High School cheerleaders were present to support and cheer on our athletes. Thank you cheer for bringing school spirit to our campus.



Cross Country "Coach of the Year" - Janna Langrell

Congratulations to our boys and girls cross country coach Janna Langrell for earning cross country coach of the year in the Freeway League. Her commitment to the cross country program is evidenced by the first boys cross country league championship in almost a decade. She also plays an integral part in our track program. Her long distance teams are always at the top of the standings. Thank you Janna for all of your hard work and congratulations once again.



Fall Results!

What an amazing fall athletic season it was for the Warriors of Troy High School. Not only did all 6 varsity teams earn a trip to the CIF playoffs, but 3 of our teams earned the right to be called Freeway League Champions! At Troy, we pride ourselves on being excellent both on the field of play and in the classroom. Balancing the rigors of school and the time commitment of games and practices is difficult, but our athletes did it while maintaining an average GPA of 3.3. We are proud of our athletes for their time, dedication and effort.



Not since 2010 has the boys cross country team earned a Freeway League Title. Well, the wait is over. Led by coach Janna Langrell and runners Ernesto Rivera, Jacob Shirota, and Darren Wu, the boys varsity cross country team won the Freeway League Title last Friday at Ralph B. Clark Park. The girls varsity team finished a close second. The boys frosh/soph team also took home the Freeway League Title.

After a year away from the CIF playoffs, the Troy Warriors volleyball team found themselves back in the tournament. Led by senior Isa Domingo and sophomores Kaitlyn Mickle, Isabella Aguilar and Kelly Beachler, the Warriors scored a straight set victory over Ocean View High School in the first round. However, they succumbed to the Archer School for Girls in round 2. The varsity team finished 3rd overall in the Freeway League, while both the frosh/soph team and the JV team both took home the Freeway League Title.



The Troy football team, after starting the season 0-4, won 3 games in a row over Savanna, Buena Park and Sonora which propelled them to the CIF Playoffs. The Warriors play Foothill High School this Friday night at 7:00 PM at Tustin High School. Although the JV team struggled this season, the freshmen team went 3-2 (7-3 overall) earning a tie for 3rd place in the Freeway League.



It's been decades since the Lady Warrior tennis team lost a Freeway League match. It didn't happen this year either. Both the varsity and JV teams went 10-0 in Freeway League play to take home the Freeway League title once again. The Warriors take on Santa Margarita today at Troy in the first round of the CIF playoffs.



With an overall league record of 8-2, the Warrior boys water polo team took 2nd place in the Freeway League. Led by Senior Julian Lim Hanna, the water polo team continued their season by beating Cajon High School 15-9 in the first round of the CIF playoffs. They play Brentwood High School tomorrow in round 2 of the CIF playoffs.



The girls golf team is unstoppable. After winning another Freeway League title last week, the golf team continued their run at another state title by winning the CIF title yesterday, making it 5 CIF titles in the last 7 years. Tomorrow Coach Jerry Cowgill and the team travel to Western Hills Golf Club to compete in the Southern California Regionals.



TRYOUTS

(all participants must be athletically cleared in order to participate in tryouts)

Baseball	Boys and Girls Swim	Boys Volleyball	Boys Golf	Softball
November 18-22 3:15 PM Baseball Field	November 9 12 PM -2PM Troy Pool	November 21-22 6:30 PM - 8:30PM South Gym	November 13-14 3:30PM - 5:00 PM Coyote Hills Golf Course	November 12-14 3:30 PM - 5:00 PM Softball Field



C and L Lettering on Campus

For those interested in purchasing a letterman's jacket or just have questions concerning the process of buying one, C and L Lettering will be on our campus on Wednesday, November 13 at lunch. They will be set up at the table in front of the activities office.



IT'S A GREAT DAY TO BE A WARRIOR!



Troy High School
2200 East Dorothy Lane, Fullerton CA, 92831
Home of the Warriors

